



WHO Headquarters
Avenue Appia 20
1211, Geneva, Switzerland

WFUNA

Email: wimun@wfuna.org
Phone: +41 (0) 22 917 32 74
Instagram: @wimunsecretariat



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ZERO DRAFT

COMMISSION ON POPULATION AND DEVELOPMENT

Ensuring healthy lives and promoting well-being for all at all ages

Recalling the Programme of Action of the International Conference on Population and Development, which affirms that population and development policies must place people, their rights, health, and well-being at the center of sustainable development efforts,

Reaffirming the 2030 Agenda for Sustainable Development and its commitment to ensuring healthy lives and promoting well-being for all at all ages, while recognizing the interlinkages between health, population dynamics, and sustainable development,

Recognizing that health is shaped not only by hospitals and doctors, but by how societies are organized, how economies function, and how the environment is protected,

Acknowledging that despite significant progress in improving global health outcomes over recent decades, many countries remain off track to achieve universal health coverage and continue to face preventable illness such as non-communicable diseases, premature mortality, and other avoidable health issues,

Expressing concern that persistent health inequities within and among countries disproportionately affect people living in poverty, women and girls, older persons, persons with disabilities, migrants, and those in fragile and humanitarian settings,

Recognizing that population trends, including population ageing, rapid urbanization, migration, and changing fertility patterns, significantly shape national health needs and place new demands on health systems,

Acknowledging that strong, resilient, and inclusive health systems are essential to ensuring continuity of care, responding to public health emergencies, and maintaining progress toward sustainable development goals,

Emphasizing the importance of adopting an approach to health that addresses the distinct and evolving health needs of individuals from infancy through older age,

Recognizing that sexual and reproductive health and reproductive rights are integral components of overall health and well-being and contribute to gender equality, poverty reduction, and economic development,

Acknowledging that mental health conditions affect people of all ages and remain under-recognized, under-resourced, and stigmatized in many societies,

Recognizing that noncommunicable diseases now represent the leading cause of death globally and require long-term coordinated action and preventive policies across health, education, food systems, and urban planning sectors,

Acknowledging that women and girls face unique health challenges, including barriers to accessing care, heightened exposure to gender-based violence, and disproportionate caregiving responsibilities that result in an unequal burden of unpaid care work, including caring for children, older persons, and family members with illness or disabilities, which can negatively affect women's physical and mental health,

Recognizing that children, adolescents, youth, and older persons require age-appropriate services that are designed to meet people's age-specific health needs, are easy to access, and respond effectively to their physical and mental health concerns,

Acknowledging that health emergencies, including pandemics, climate-related disasters, and conflict, have exposed vulnerabilities in health systems and exacerbated existing inequalities, Emphasizing the essential role of a well-trained, adequately supported, and equitably distributed health workforce in delivering quality health services to ensure that everyone enjoys the highest attainable standard of physical and mental health,

Recognizing the importance of reliable, timely, and disaggregated population and health data for evidence-based policymaking, planning, and accountability,

Stressing the need for strengthened international cooperation, partnerships, and multilateral action to address shared health challenges and advance well-being for all,

1. *Calls* upon Member States to strengthen national policies, strategies, and investments aimed at ensuring healthy lives and promoting well-being for all at all ages, in accordance with national priorities and international commitments;
2. *Urges* Member States to accelerate progress toward universal health coverage by expanding access to affordable, quality, and essential health services, while reducing financial hardship and out-of-pocket expenditures;
3. *Encourages* Governments to adopt and implement a comprehensive approach to health across all stages of life that helps people stay healthy, supports healthy choices, provides care when people are sick, and assists recovery after illness or injury;
4. *Calls* upon Member States to strengthen primary healthcare systems as the foundation for equitable and people-centered health services, particularly in underserved and rural areas;
5. *Urges* Governments to address the social, economic and environmental determinants of health through policies that promote wholesome nutrition, access to quality education and health care, affordable housing and energy, clean water, and sanitation, job security, fair wages, safe workplaces, protection from violence, crime, and abuse (including online abuse) as well as protection from exposure to hazardous chemicals that shape the quality of daily life and significantly affect health, well-being;
6. *Calls* upon Member States to ensure universal access to comprehensive sexual and reproductive health services, consistent with national laws and development priorities;

7. *Encourages* Governments to improve maternal, newborn, child, and adolescent health outcomes through preventive care, skilled health personnel, and community-based services with a particular emphasis on making sure that quality care is available in rural areas;
 8. *Calls* upon Member States to integrate mental health promotion, prevention, and care into national health systems and community services, and to reduce stigma and discrimination;
 9. *Urges* Governments to prevent and reduce noncommunicable diseases through public health interventions, early detection, treatment, and the promotion of healthy lifestyles;
 10. *Encourages* Member States to ensure that people across the life span have access to age-appropriate healthcare, long-term care, and social support services;
 11. *Calls* upon Governments to ensure inclusive access to health services for migrants, refugees, persons with disabilities, and other populations in vulnerable situations;
 12. *Urges* Member States to invest in the health workforce through education, training, decent working conditions, and measures to protect health workers' safety and well-being;
 13. *Calls* upon Governments to strengthen preparedness for and response to health emergencies, including pandemics and climate-related risks;
 14. *Encourages* Member States to use digital health technologies to expand access to health care for underserved populations that include but is not limited to, women and girls, persons with disabilities, older persons, Indigenous Peoples, rural populations, migrants, refugees, displaced persons, people living in poverty, and other marginalized and underserved groups;
 15. *Requests* the Secretary-General, in collaboration with relevant United Nations entities, to support Member States in implementing this resolution by providing technical assistance, facilitating coordination, and reporting on progress to the Commission;
 16. *Encourages* Member States to strengthen population and health data systems to support evidence-based decision-making;
 17. *Calls* upon all stakeholders, including civil society organizations, youth-led groups, the private sector, and academia, to contribute to advancing healthy lives and well-being for all at all ages.
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