

MISSION POSSIBLE: INDIA

Project Profiles 2018-19

TEAM ERVA –VIDYASHILP ACADEMY



This team worked with an orphanage for boys called Adarane Charitable Trust. The orphanage houses children aged between 8 and 15 years. The team found that the main problem plaguing the orphanage was lack of affordable healthcare. Children fell ill with common colds and fevers on a regular basis which meant they missed school often. Hence the team sought a sustainable solution and decided to introduce the children to the idea of 'Ayurveda'- a system of natural healing that has its origins in India's Vedic culture.

Project Objectives:

- Introduce children to the concept of Ayurveda
- Get an herbalist to teach staff and children at the orphanage on how to use medicinal plants to prevent and treat common illnesses
- Install a small Ayurveda garden in their premises

Activities:

- Collected about INR 10,000 through an online fundraising platform
- Collaborated with a professional herbalist
- Designed a curriculum to teach students about the prevention of diseases through hygiene and diet
- Organized sessions by the Herbalist for the children and staff at the orphanage

Results:

- Children became aware about how they can use Ayurveda to treat common illnesses
- Children will fall sick less often and will be more regular to school

Next Steps: Since the orphanage shifted to a new venue they weren't able to install the garden within the project timeline. Now that the orphanage has shifted to their new location, the team will complete their project. They have already procured all the material required for the Ayurveda Garden.



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