MISSION POSSIBLE: SINGAPORE
Project Profiles 2017-18

HELPING HAND– TANGLIN TRUST SCHOOL

This team wished to improve the wellbeing of foreign domestic workers by planning and conducting sports activities. They were concerned that foreign domestic workers had a lack of access to facilities that promoted a balanced and healthy lifestyle. Therefore, they wanted to integrate the foreign domestic workers with the Tanglin Community and share the Tanglin Trust School’s facilities with them.

Project Objectives:

- Improve the overall wellbeing of foreign domestic workers by organizing sports activities.
- Integrate the foreign domestic workers with the Tanglin Community to give opportunities to access facilities to achieve a balanced and healthy lifestyle.

Activities:

- Approached non-government organizations to contact domestic workers who would be interested in participating in the sports activities.
- Fundraised through the Tanglin Trust Foundation to hire coaches to coach the foreign domestic workers in badminton and volleyball.
- Conducted several badminton and volleyball sessions and monitored the participation and interest of the foreign domestic workers.

Results:

- Successfully conducted 5 badminton and volleyball sessions.
- Gave foreign domestic workers an opportunity to develop their interests in sports for a balanced lifestyle.
- Reduced economic barriers by opening up Tanglin facilities and integrating them with the community.

Next Steps:

This group plans to continue the sports sessions by handing it over to an interested group of junior high school students at Tanglin Trust School.