

MISSION POSSIBLE: INDIA

Project Profiles 2017-18

HEAL+H FIRST- GITANJALI SENIOR SCHOOL



This team worked with Shraddha School, a school for differently abled children in Hyderabad to ensure that children with disabilities have access to knowledge on the essentials of a healthy and well-maintained lifestyle. The main goals of this project were to teach students how to administer first aid, educate them about a healthy lifestyle that includes eating healthy, exercising regularly, and a proper sleep cycle.

Project Objectives:

- Educate differently abled students about issues of cleanliness, basic first aid, etc.
- Spread awareness to girl students about menstrual hygiene
- Engage with students with disabilities and start a conversation about their challenges



Activities:

- Provided first aid kits and health essentials to every class and trained students on proper usage of the kit
- Organized training sessions on health and nutrition
- Spread awareness about menstrual hygiene for the girl students
- Organized a visit from a doctor to educate students on basics of health and hygiene and to answer students' questions



Results:

- Established trust and friendship with students and administration of the special needs school
- Facilitated a long-term partnership between Gitanjali School and Shraddha School
- Improved students' knowledge about health and hygiene



Next Steps: These Agents of Change plan to continue their engagement with Shraddha School and encourage more students from their own school engage with differently-abled students

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